

**ELLE KING RELEASES SECOND STUDIO ALBUM
SHAKE THE SPIRIT
OUT TODAY ON RCA RECORDS**

**PERFORMS SINGLE "SHAME" ON GOOD MORNING AMERICA 10/23
& LIVE WITH KELLY AND RYAN 10/24**

KICKS OFF "SHAKE THE SPIRIT" TOUR NEXT WEEK



What the Press is Saying Elle King's SHAKE THE SPIRIT:

"Elle King's Raw Revelation, the singer channels real trauma into bracing retro rock....King came on like a butt-kicking rocker heroine wailing through her pain...(on her) impressive second album. The sound is vintage, a hard-won swagger is brave and brand new." – *Rolling Stone*

"Elle King's glittery gold boots were made for stompin' and that's just what she does on the hip-swiveling 'Shake the Spirit,' her sassy yet surprisingly vulnerable sophomore album....King and her tell-all tone are what elevate *Shake the Spirit* ...to a truly cathartic talk of bad girl gone...better." – *Entertainment Weekly*

"Blues, soul and 1950s roots show clearly through the tautly constructed songs." – *New York Times*

"One of the Most Anticipated Albums of Fall 2018...a cathartic, rough-edged diary entry of a project that couldn't be more personal...her most vulnerable album yet"- *Billboard*

[New York – October 19, 2018] Today, Three-time Grammy-nominated and platinum-selling recording artist **Elle King** today releases her much-anticipated, critically-heralded second studio album **SHAKE THE SPIRIT** via **RCA Records**.

In support of album release week, Elle will be performing on *Good Morning America* on October 23rd and *Live with Kelly and Ryan* on October 24th.

SHAKE THE SPIRIT is the cathartic result of a challenging, yet artistically productive period of her life. Speaking about the album, **Elle King** explains: *"I decided to call it 'Shake The Spirit' because I was shaken to the core over the last year and a half. I was literally talking to ghosts. But making the album not only changed my life, it saved my life. It's like when you see somebody who is struggling, you want to shake them. Putting this record out is like shaking myself awake."*

SHAKE THE SPIRIT Track Listing

Talk of the Town (written by Elle King and The Brethren)
Baby Outlaw (written by Elle King and Greg Kurstin)
Shame (written by Elle King and Tim Pagnotta)
Man's Man (written by Elle King with Rebecca and Megan Lovell)
Naturally Pretty Girls (written by Elle King and Ben Gibbard)
Told You So (written by Elle King)
Good Thing Gone (written by Elle King and The Brethren)
Runaway (written by Elle King and Greg Kurstin)
It Girl (written by Elle King, The Brethren and Jason Fredericks)
Ram Jam (written by Elle King and The Brethren)
Sober (written by Elle King, The Brethren, Elliot Jacobson, Rebecca & Meghan Lovell)
Chained feat. Cameron Neale (Written by Elle King and Cameron Neale)
Little Bit of Lovin' (Written by Elle King)

Fans will be able to hear the new music live when Elle King & The Brethren present the **SHAKE THE SPIRIT** tour with stops in intimate venues in the US, UK and Canada, kicking off next week. Find full tour dates below. *Rolling Stone* wrote of her Austin City Limits set: "Elle King is a little bit country, a little bit rock n' roll, but ultimately, she's punk as fuck" and from her Seven Seas Festival, she was voted "Best Badass...Her charisma and the songs' catchiness made the set delectable." Jon Pareles of *The New York Times* describes Elle as "a sassy, hard-drinking, love-'em-and-leave-'em hellion with bad tattoos and a broad pedigree across rock, pop and country. She has Adele's determination and Joan Jett's stomp, Brenda Lee's high-voiced bite and some AC/DC shriek." *The Kansas City Star* writes of her live show: "riveting... King growled like the rockabilly pioneer Wanda Jackson...and evoked the R&B great Etta James." Visit www.elleking.com for more details.

FALL TOUR DATES

Oct. 26 - New Orleans, LA - Voodoo Fest
Oct. 27 - Atlanta, GA - Park Tavern
Oct. 29 - Nashville, TN - Marathon Music Works
Oct. 30 - Charlotte, NC - The Underground
Nov. 2 - Washington, DC - Lincoln Hall
Nov. 3 - New Haven, CT - College St. Music Hall
Nov. 4 - Philadelphia, PA - Theatre of Living Arts
Nov. 5 - Brooklyn, NY - Warsaw
Nov. 8 - Toronto, ONT - Opera House
Nov. 9 - Columbus, OH - Newport Music Hall
Nov. 10 - Chicago, IL - The Vic Theatre
Nov. 12 - Los Angeles, CA - Belasco Theater
Nov. 29 - Milwaukee, WI - The Rave/Eagles Club
Nov. 30 - Broomfield, CO - 1stBank Center

Dec. 1 - Tampa, FL — Next Big Thing Music Festival
Dec 2 - Chicago, IL — Aragon Ballroom
Dec. 5 - Portland, OR – McManemins Crystal Ballroom
Dec. 7 - San Jose, CA — SAP Center

About Elle King:

Elle's debut album ***Love Stuff***, a sultry, badass mix of rock and roll, blues, and country, with a twinge of pop, features the breakthrough single "Ex's & Oh's," which earned her two Grammy nominations and was certified double platinum. The track, about leaving behind a string of brokenhearted exes, hit No. 1 on *Billboard's* Hot Rock Songs Chart, and topped the AAA, Hot AC, and Alternative Radio charts, leading King to become the second female artist in 18 years to reach No. 1 at the latter format. She was also featured on Dierks Bentley's Grammy-nominated No. 1 Country Airplay hit "Different For Girls" (she performed it with Bentley at the CMA Awards and took home an award for "Musical Event of the Year"). King also performed for President Obama in honor of Mavis Staples at the 2016 Kennedy Center Honors. With her latest single "Shame" featured on her just released album ***SHAKE THE SPIRIT***, King triumphantly topped the Triple A Radio chart at #1 for a second week in a row. With her fourth radio #1 single "Shame," Elle becomes the only act in history to have scored #1s on all 4 radio formats -
- breakthrough single "Ex's & Oh's" scored #1 on the Alternative Songs & Adult Pop Songs charts, and her Grammy-nominated, CMA-winning collaboration with Dierks Bentley "Different For Girls" topped the Country Radio Airplay chart. [READ](#) the *Billboard* chart story here. She celebrated the record-breaking news with her fans on [Instagram](#).

STREAM/BUY *SHAKE THE SPIRIT*: <http://smarturl.it/ShakeTheSpirit>
WATCH THE VIDEO FOR "SHAME": <http://smarturl.it/xShame/youtube>
WATCH THE ALBUM TRAILER: <http://smarturl.it/STSAAlbumTrailer>

High Res cover art, photos and more <https://www.rcarecords.com/artist/elle-king/>

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