

Healy Releases New Track "Back on the Fence" ft. Becky and the Birds Today
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Announces New Album, *Tungsten*, Set For Release January 13th – Pre-order
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(December 9, 2020) – Memphis based singer/songwriter/producer Healy releases his latest track for "Back on the Fence" ft. Becky and the Birds today (listen [here](#)). The track will be featured on Healy's upcoming album, *Tungsten*, which is set for release via Braintrust Records/RCA Records on January 13th (pre-order available [here](#)).

"'Back on the Fence' depicts this sort of war with redundancy," says Healy. "I have trouble following through on positive change, and I've begun to develop a sensitivity for when I start to regress into old thought patterns and behaviors—stuff like splitting hairs over the smallest things or ironically losing weeks of life at a time to the thought of eventually dying. Writing "Back on the Fence" helped me acknowledge and confront this pattern and gave me a lot of incentive to break the cycle. Becky and the Birds elevated this song to a higher plane, and she did all of her verse from Sweden in a matter of 2-3 days."

Over the course of the last year, Healy has been teasing the new album by releasing various tracks and accompanying visuals including "[Back In Time](#)" ft. Public Library Commute, "[Second Wind](#)" as well as "[Nikes On](#)." All three tracks have nearly 10 million streams on Spotify and will be featured on *Tungsten*.

About Healy:

Performing under only his last name, Healy embodies cardinal themes of his work like self-discovery and non-dualism. He released his debut album [Sublux](#) in 2017 in the wake of his second year of medical school. The album has nearly 60 million audio streams. The lead single, "[Unwind](#)," caught the internet on its heels, helping to establish Healy's fixed presence as a promising multidimensional artist in a mercurial musical climate. His work is a fearless transgression—a tonal gradient with origins in classic and indie rock, soul, and Memphis rap. The second single, "[Reckless](#)" has nearly 50 million streams on Spotify.

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