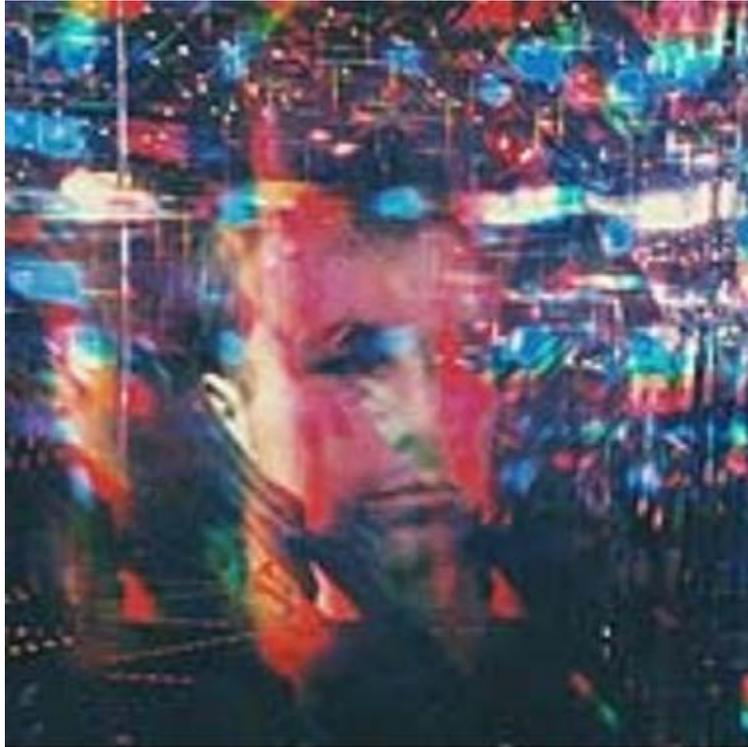


Healy Releases Sophomore Album *Tungsten* Today
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“There’s a thrilling experimental edge to his music” – *The Associated Press*



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(January 13, 2020) – Memphis based singer/songwriter/producer Healy releases his sophomore album *Tungsten* today via Braintrust Records/RCA Records (Listen here). To celebrate the release, Healy also releases a new music video for “Part of Me” (watch [here](#)).

*“I’ve spent my whole life running from who I’m becoming. I finally took off my armor and made this project. It’s as vulnerable as it is understated—and it’s not perfect, but it’s me. I used to be scared of dying, and I’ve held the hardest grudge against time for as long as I can remember. But this album helped me let go and find peace in impermanence. I look at albums like furnished little worlds we can escape to, and I’ve been living in *Tungsten* for the last 3 years, leaving the fridge door open, watering the ivy, falling asleep with the lights on, and leaving little notes and surprises hidden in the small places for you. Now, *Tungsten* is yours to live in for as long as you’d like. I hope it gives you the closure it gave me.” – Healy*

Over the course of 2020, Healy has been teasing the new album by releasing various tracks and accompanying visuals including “Back on the Fence” ft. Becky and the Birds, “[Back In Time](#)” ft. Public Library Commute, “[Second Wind](#)” and “[Nikes On](#).” All three tracks have nearly 10 million streams on Spotify. *The Associated Press* claims the album has “hip-hop, indie rock and acoustic elements all colliding in unpredictable and exciting ways,” and his music has a thrilling experimental edge.”

About Healy:

Performing under only his last name, Healy embodies cardinal themes of his work like self-discovery and non-dualism. He released his debut album [Sublux](#) in 2017 in the wake of his second year of medical school. The album has nearly 60 million audio streams. The lead single, “[Unwind](#),” caught the internet on its heels, helping to establish Healy’s fixed presence as a promising multidimensional artist in a mercurial musical climate. His work is a fearless transgression—a tonal gradient with origins in classic and indie rock, soul, and Memphis rap. The second single, “[Reckless](#)” has nearly 50 million streams on Spotify.

Tungsten Track Listing

- 01 Tungsten
- 02 Everything’s Fine
- 03 Deep Cuts
- 04 Nikes On
- 05 Dead Sprint
- 06 Second Wind
- 07 Cannonball feat. Jcksn Ave.
- 08 Molly
- 09 Back on the Fence feat. Becky and the Birds
- 10 Immune
- 11 Back in Time feat. Public Library Commute
- 12 Part of Me
- 13 Mirages

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