

NNENA's Debut EP **BIPOLAR AF** Out Today 6/25

*Rapper/Singer/Songwriter/Sketch Writer Releases Debut EP
Via Loud Robot, the record label from JJ Abrams' Bad Robot with RCA Records*

Listen to the EP: <https://smarturl.it/BipolarAF>



Cover Art- High Res [HERE](#)

(New York—June 25, 2021) Today, **Nnena** releases her debut EP **Bipolar AF**, the first release from the just-announced partnership between **Loud Robot**, the record label from **JJ Abrams'** **Bad Robot** and **RCA Records**.

Listen to the EP HERE: <https://smarturl.it/BipolarAF>

Click links to watch the insanely clever [visualizer](#) plus [live performance video](#) for lead singles [“Rewind”](#) and [“Heart Moan.”](#)

An incredible writer, lyricist, rapper and vocalist, bursting with effusive energy and a massive personality, the Cleveland native, born **Nnena Adigwe** to Nigerian parents, credits some of her robust, descriptive storytelling impulses to her past screenwriting experience. A former basketball player, Nnena began writing comedic sketches during college. That soon led to working on more full-fledged projects—the kinds of works that needed sound tracking. Rather than pay licensing fees, she tried her hand at making her own music.

For her debut EP, Nnena scripted and produced comedic and brilliant bite-sized sketches and live videos to post as companion pieces for the EP track to set the vibe for each song- Check those out on her [Instagram](#).

She explains making music for her is about telling stories that simultaneously define us and connect us to others. *“I want my music to elicit the truth and make the listener feel comfortable. I want people not to feel alone and I never want my music to leave anyone out.”*

In the music and visuals that she creates, she shares stories, scenarios, debacles and personal experiences with a warmth, humor, and finesse that almost make you forget how hard life can be. *“I’ll make the worst situations funny.”*

Nnena also finds inspiration for her music from the female experience: *“My music is what other females wish they could say out loud, but I do it for them in a song.”* Nnena has received early coverage from [Variety](#), [Teen Vogue](#), [Flood](#), and support from BBC 1's Annie Mac, Apple Music's Ebro, and has been a **sought-after songwriter** for artists such as **Beyoncé**, **Rihanna** and **Normani**. She has also performed as the opening act for rising star Boogie, Mayorkun, and Trinidad James.

Her music reflects her eclectic influences ranging from Otis Redding to Millie Jackson, from Queen Latifah to Miriam Makeba to Kendrick Lamar and especially “Lauryn Hill, she molded me the most,” along with other neo-soul genre artists Musiq Soulchild and Jill Scott, as well from Drake, J. Cole, to Tiwa Savage.

In addition to working on her debut album, Nnena has participated in two writing camps this year for the television series *Insecure*, created by Issa Rae and Larry Wilmore.

EP Track Listing:

Heart Moan

Rewind

Mr. Loverman

High Nights Interlude feat. 23rd

Anxiety

Tangerine Dream

Listen/ Experience Nnena’s *Bipolar AF EP*:

<https://smarturl.it/BipolarAF>

Read her Bio [HERE](#)



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